

St Nicholas' CE (VA) Primary School

Learn, Achieve, Grow: Together
Term 6 P.E Newsletter



July 2023

WELCOME

Hello everyone! Welcome to our PE newsletter where you can find information regarding all things PE! As a school we are passionate about the children being active and healthy and have been working towards our School Games Mark. The School Games inspires young people to be physically active for life through positive experiences of daily activity and competition. We are part of a cluster of schools in and around Salisbury who are supported by a School Games Organiser (SGO) to provide us with opportunities to take part in a variety of festivals and competitions. Please see below for details.

Sports competitions

We have continued to participate in sporting events outside of school and the children who attended have had a brilliant time and learnt valuable skills whilst doing so! We have taken part in Tag rugby, 60 Active minutes' festival and Quad kids.

60 Active Minutes Festival



This was a fantastic opportunity for the children to be active and healthy and experience a range of fun and engaging activities. They had a go at hockey, rugby, football, throwing, golf and orienteering! It was a brilliant festival which we hope to attend again next year.

Tag rugby Festivals



Some of the children in KS2 attended the Tag rugby festival which were very exciting and fun! They experienced competition and had to work well together as a team. The children were amazing and persevered through all the matches and proved to be brilliant team players showing our School Games Values in action.

Sports competitions continued

Year 5 and 6 Quad Kids



We had a very warm and sunny day at Wyvern St Edmunds School for the year 5 and 6 Quad Kids festival. The children did so well in all their athletic activities. They took part in a sprint race, 400m race, long jump and throwing. They then finished off the afternoon with a shuttle relay. Well done to all those who took part!

Year 3 and 4 Quad Kids



The children in Year 3 and 4 also took part in their own Quad Kids festival where they practised all the skills needed to compete in athletic events. Well done to Alfie Matthews who won the 400m race – great perseverance in action!

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Mini Marathon 2023: Congratulations to all those who took part in the Mini-marathon this year, it was a fantastic event and all those who took part did so well! We will hopefully be participating in this event next year so all those children in year 3 – 6 get ready for the details if you would like to take part.

School Games Values



We have continued to celebrate the School games values, which can be seen in the picture above and on our PE display board in school. Each term, we focus on a different value and link it to our PE lessons. For the children in KS1 it is an opportunity for them to start to think about the different values and begin to show them in action. When the children reach KS2 they are then embedding the value into their lessons and being role models to those around them. At the end of each term, the children then vote for who they thought has shown that value in action the most. Congratulations to those who were voted for in Terms 4, 5 and 6.

For respect: Flo L (Fox), Gee (Hare) and Fin H and Ryan (Owl)

For honesty: Evie and Eva W (Owl), Alife Mi (Fox) and Lily (Hare)

For passion: Josh (Hare), Alfie Ma (Fox) and Issa and Zachary (Owl)

Please feel free to ask your children about this at home and talk about what the values mean to them and how they are have used them in their PE lessons.

After school sports clubs

District Sports have continued to provide us with after school sports clubs this year which all children are welcome to attend. We have also offered a free of charge club for the children which took place on Friday afternoons. We are keen to continue with this provider going forward, so please keep a look out for more information in the near future.

Final note

We hope you have a lovely summer holiday and enjoy the fresh air and sun (hopefully). Thank you so much for reading – Mrs Heath PE Curriculum Leader

Some REALLY exciting news..

We achieved our Gold Kite Mark this year! The Kite Mark is a tool aimed at helping schools effectively reflect on their engagement in the School Games as well as the difference that they are making for those young people who most need to be physically active. Last year we achieved a bronze award and so our goal was to get silver, however we have worked very hard in order to raise the profile of PE and sport in our school that we went one step further and achieved our first ever Gold Kite Mark!



Staying active in the summer holidays

SUMMER HOLIDAY 2023 JUNIOR TENNIS CAMPS

- Run by qualified tennis coaches and tennis leaders
- Action packed mornings with lots of coaching, playing, & awards
- A great way to have fun and make friends.

Week 1: Mon to Wed, 31 July - 2 August 2023, 9.30am - 12.30 pm

Week 2: Mon to Wed, 7 - 9 August 2023, 9.30am - 12.30 pm

Week 3: Mon to Wed, 14 - 16 August 2023, 9.30am - 12.30 pm



There are separate camps for:

Mini Red: age 5 - 8 yrs

Mini Orange: age 8 - 9 yrs

Juniors: age 10 - 16 yrs



Camps cost: £69.50 for each week

Places are limited, so please book early to secure your place

Booking is easy - go to www.victoriaparktennis.org.uk, click on the link in 'HOLIDAY CAMPS', choose the appropriate camp, then book and pay online.